A project which stems from the aim to prevent cardiac toxicity in breast cancer patients.



## PRINCIPAL INVESTIGATOR

Gabriella Pravettoni (Direttrice Divisione Psiconcologia)

## **IEO'S CO-INVESTIGATORS**

Prof.ssa Ketti Mazzocco (Psiconcologa) Dott.ssa Margherita Zenoni (Psiconcologa) Dott.ssa Chiara Casini (Psiconcologa) Dott.ssa Giulia Bresciani (Infermiera di ricerca) Prof. Giuseppe Curigliano (Oncologo) Dott.ssa Elisabetta Munzone (Oncologa) Dott. Carlo Cipolla (Cardiologo) Dott.ssa Daniela Cardinale (Cardiologa)

### CONTACTS

ketti.mazzocco@ieo.it

margherita.zenoni@ieo.it

chiara.casini@ieo.it

giulia.bresciani@ieo.it



AN INTERDISCIPLINARY APPROACH FOR THE MANAGEMENT OF THE ELDERLY MULTIMORBID PATIENT WITH BREAST CANCER THERAPY INDUCED CARDIAC TOXICITY



"This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945175"

# GENERAL INFORMATION

Dear Madam,

we appreciate your interest in Cardiocare project!

During the following months we will assist you in a personalized care pathway, which, in addition to the traditional treatment provided by our institution, provides the monitoring of your psycho-physical health throughout all the treatment phases.

To this end, we will ask you some information through the completion of questionnaires and digital activities (on your mobile) for improving your mental and physical wellbeing. These activities can be performed, comfortably from home.

We will be available for any necessity of yours, for the full duration of the study.

The study includes the use of a mobile application accessible through your smartphone and designed specifically for CARDIOCARE with the collaboration of oncologists, cardiologists, psychologists and informatics technicians.

Scan the QR code to access to the CARDIOCARE website.



You will receive further information on the usage of the application by the research nurse and by the psychologist who will guide you through all the phases of the study.

# PHASES OF THE STUDY

# **INITIAL PHASE**

During this first phase, you will undergo the fundamental medical visits to assess your current health status and to check the progresses during the course of the study. Moreover, two biological samples will be collected on site. As per the study, at the cardio-oncology division you will receive the eco-cardiography check, while at the psycho-oncology division you will receive psychological assessment and support.

# **FOLLOW-UPS PHASE**

Every three months, for 18 month (study duration), you will undergo follo-up visits that will allow us to monitor constantly your health status and the course of treatment.

# **FINAL PHASE**

After 14-25 days after the end of the oncological treatment, you will be asked to come back to our institution for the final assessment of your health state and for the last biological samples collection.